

One Lucky Girl Awaits Magic Moment At Game Tonight



Mary Dore

Either Mary Dore, Sandy Faykosh, Sue Salpietro, Linda Schlageter, or Bernie Soltis will be crowned the 1967 Homecoming queen at tonight's game.

These five finalists will be voted upon this morning by the senior class to determine the queen and her attendants.

Mary Dore, H.R. 223, is now a section editor for **Existence**, the yearbook.

She was formerly homeroom representative her first two years and secretary of the junior girls.



Sandy Faykosh

She has been active in various clubs, having held the position of vice-president of the Para-Medical Careers Club last year.

Miss Dore will be escorted by Tim Healy and driven by Don Pavlica.

Miss Faykosh, H.R. 121, is presently senior class secretary and editor of **Existence**.

She was president of the freshman girls, secretary of the Student Council last year, and a Pep Club member for four years.



Sue Salpietro

Miss Faykosh will be escorted by John Tscherne and driven by George Topik.

Miss Salpietro, H.R. 136, holds the position of feature editor of the school paper, **Essence**, and Pep Club president.

She previously served as homeroom representative and alternate. She has also been a member of several organizations.

Miss Salpietro will be escorted by Dave Adamski and driven by Steve Veres.



Linda Schlageter

Linda Schlageter, H.R. 223, is a homeroom representative, sergeant-at-arms of the Pep Club, and mission representative.

She has been a member of the pep club since her sophomore year.

Miss Schlageter is also a reporter to **Essence**.

She was a member of the Latin Club her sophomore year.

Last year she was a section editor of the yearbook.

Miss Schlageter will be escorted by Barney Beins and driven



Bernie Soltis

by Lou Keregyarto.

Miss Soltis, H.R. 121, is captain of the varsity cheerleaders, vice-president of the senior girls, and section editor of the yearbook.

She was president of the sophomore girls and captain of the reserve cheerleaders. She has been a member of the Pep Club for four years.

Miss Soltis will be escorted by Tom Shaw and driven by Tom Nikoncyk.

ESSENCE

VOL. 5, NO. 2 • CARDINAL STRITCH HIGH SCHOOL • OREGON, OHIO • SEPT. 29, 1967

Home Room Reps Elected To CSHS Student Council

Individual Classes Choose Students For Representation

The homerooms elected 24 representatives to the Student Council on Tuesday, Sept. 19.

The senior representatives are Karen Lucas, H.R. 121; Constance Schmidt, H.R. 136; and Linda Schlageter, H.R. 223.

The senior boy representatives are Larry Davenport, H.R. 233; George Trombley, H.R. 241; and Thomas Mutchler, H.R. 242.

The junior girl representatives are Susan Schmidt, H.R. 122; Carolyn Cannaday, H.R. 222; and Deborah Rabbit, H.R. 237.

The junior boy representatives are Michael Moore, H.R. 143; and Richard Snell, 321.



Home Room representatives include: Front Row: Debby Rabbit, Sue Schmidt, Carolyn Cannaday. Row 2: Kay Hurst, Jean Sheehy, Ann Christy, Debbie Cannaday, Pat Perlaky. Row 3: Linda Schlageter, Constance Schmidt, Tom Mutchler, Larry Davenport, Mike Moore, Dave Grosjean, Dave Slesinski. Row 4: Karen Lucas, George Trombley, George Brimmer. Back Row: Michael Kamelesky, Rick Dunn, and Ed Walker.

ACTION

Sept. 29	Homecoming Game: Anthony Wayne (H)
30	Homecoming Dance
Oct. 2	Assembly
3	Magazine Drive Ends
5	Mission Assembly
6	Football at Sylvania
9	Fire Prevention Week: Varsity Legs Contest
10	Student Council Meeting
13	Football at Wausau

Magazine Drive Through Oct. 3

Students are competing for prizes and awards on an individual basis in the annual magazine drive, sponsored by the St. Thomas Aquinas Readers Service Plan. The drive is being held through Oct. 3.

The person with the highest daily amount turned in receives a stuffed animal.

At the end of the drive, the teacher from the home room having the highest percentage of sales will be granted \$15 in cash.

Each student has a quota of \$5. The school will benefit from the profits gained by the drive in that it receives a sum for each magazine sold.

Student Council Sponsors Tag Day

To make all Stritch students known to each other, CSHS held its annual Tag Day, Friday, Sept. 22.

Students and faculty alike participated in the 7th annual tag day in which a pep rally ended the school day.

A dance was held Friday night featuring the music of "Mother's Oats."

Annual Homecoming Highlights Weekend

Ceremonies To Begin At Halftime; Alumni To Participate In Festivities

Stritch's third annual Homecoming festivities will begin tonight at 8 PM with a football game against the Anthony Wayne Generals.

The ceremonies will start at half-time and will include the coronation by last year's queen, Miss Marsha Marazon and the displaying of the sophomore, junior, and senior floats.

The ten finalists nominated by the football players were: Marsha Berry, Mary Dove, Sandy Faykosh, Barbara Jankowski, Joyce Koch, Sue Salpietro, Linda Schlageter, Bernie Soltis, Darlene Szollosi, and Judi Tarsha. By vote of the senior class, this was narrowed down to five girls.

Sr. Mary Avita, Senior class advisor, presented awards to seniors: Sharon Selmek, Randall Wangler, Janice Pollauf, Barbara Varkoly, Barbara Jankowski, Suzanne St. John, Suzanne Salpietro, Mary Gladieux, Bernard Beins, Diane Dunn, Andrea Molnar, Judith Ritz, Sandra Faykosh, John Tscherne, Karen Miller, James Wiegand, Deborah Bird, Kathleen Deeds, Linda Schlageter, and Alice Walker.

Honors were received from class moderator Sr. Louis de Montfort by Juniors Susan Snyder, Denise Dominique, Susan Schmidt, Mary LaPlante, David Tscherne, Paul Giltz, Diane Gladieux, Barbara Szabo, Suzanne Timar, William Liebherr, Jeffery Marcak, and Carolyn Cannaday.

Sr. Mary Venard, sophomore class moderator, presented honors to Leslie Dalton, Edward Walker, Christine Tscherne, Marie Ondrus, Patricia Summers, Valerie Coehrs, Richard Davenport, Geraldine Bihm, Mary Duricek, Terry Koluch, Kathleen Gaggac, Ronald Ober.

Second honors were awarded to 62 seniors, 70 juniors, and 63 sophomores. A 84.5 average or better is required to obtain second honors.

87 members of last year's class received honors.

1st 'Varsity Legs' Contest On Oct. 9

There will be a Varsity Legs Contest Oct. 9, sponsored by the senior class.

Pictures will be taken of all the senior football players' legs. The photos will be put on display in the gym lobby.

There will be jars under each picture and the jar with the most money in it at the end of the contest will win.

His name will be announced on the following Friday at the pep rally.

EDITORIAL COMMENT**Start Right . . .**

Feeling sluggish and run down before noon? Got that irritable, nervous attitude lately? Your problem may be that you're not eating a proper breakfast or, even worse, skipping breakfast altogether.

Breakfast literally means to "break a fast." The fast? From suppertime to getting-up-time, of course. This could involve a time period as long as twelve hours or more. Breakfast should, therefore, constitute about one-fourth of our daily requirements. But it has always been and still is a very neglected meal and for these very reasons it deserves our special attention.

Let's look at some excuses about and advantages of breakfast eating.

We've all heard the worn out adages—"I can't eat in the morning" . . . "It's just too early for food." Start the habit gradually but eat something, at least. Get up a bit earlier, work up an appetite, then eat. Not enough time is the chief excuse of breakfast-skippers but with a little planning, this becomes obsolete.

Food surveys tell us that teenagers, as a group, have poor eating habits and that teen-age boys, generally, have better eating habits than girls.

But then, boys, you need it (especially those of you in sports). Active sports are obviously going to take more energy. You can't slack down in the middle of a basketball or football game. Sports require the utmost out of you in physical coordination and you need lots of food high in protein.

And what about us girls who, they tell us, have the poorest diet? Watching weight? Thinking of a crash diet? Forget it! Skipping breakfast is only likely to make you eat twice as much at lunch or supper and snack in between. It would be much better to eat three sensible meals than skip the important one that gets you going for the day.

Academically, studies have shown that the school work of breakfast-skippers improved immensely when they began eating that morning meal.

Eating breakfast might not make you the star athlete, or get you the lead in the play, or push you far ahead in your school work, but when you eat right, you are more likely to feel peppy and enthusiastic about life in general—and that could make all the difference!

—by BARBARA JANKOWSKI

... And Work Right

Most people take pride in their professions and their proficiency at them. Students should also take pride in their studies. Because, believe it or not, for students school is an occupation. Maybe only a temporary one, but still an occupation.

School should not just be a sideline but the major concern of the student. Each student has a responsibility to maintain as high an average as he can, just as a professional worker is obligated to do his best.

To do his best, a student must have good study habits. They play an important part in learning. No student will attain, much less maintain, a good average unless he spends a sizeable amount of time studying each night. This doesn't mean that every spare minute should be spent studying nor does it mean the weekend should be spent only on homework. There is a happy medium.

When studying, the student should be in a fairly secluded place, at least not in front of the television. If a student is being disturbed constantly, he is not going to be able to concentrate on his studies or make the most of his time.

Studies may not come easily. But in our society they are so necessary. And a person must realize this.

—by BARNEY BEINS

JOHN'S PLACE**Hooray For Class Meetings ★ Floats Show Cooperation**

by JOHN TSCHERNE

True Stritch spirit was displayed as throngs of sophomores, juniors, and seniors turned out to work on the various floats. Materials ran out long before the help did.

Goodbye and Good Luck to former assistant principal, Fr. Auth. He's on his way to higher studies and our prayers go with him.

Be sure to read both of the editorials in this issue of **Essence**. The editorial on study habits, written by Barney Beins, and the one on eating a good breakfast, by Barb Jankowski, consider two very different and vital aspects of a teenager's life and are worth your while.

Welcome, Heinz! Stritch has its first exchange student, Heinz Bartsch from Germany. To find out more about our newest addition to the Stritch family, read Judi Tarsha's feature story on him. (See page 4.)

Shhhhhh! That's the rule in most libraries; let's make it one in ours. Don't use the library as a refuge from study halls. Have consideration for those who really have assignments to complete.

Let's give the football games back to the students! At our last game (against Fremont), the students were told that they must sit down and watch the game. Why? Because there were adults at the game who couldn't see. We realize that these people have a right to watch the games, but we also know that the students deserve to participate in the games.

Congratulations to the five candidates for '67-'68 Homecoming Queen. I am sure that any one of these girls would make a fine Queen and a representative of Stritch.

Come on, Seniors! Start behaving yourselves in assemblies or the possibility of senior privileges being taken away could arise. Congratulations, girls, on the improvement in behavior during the recent Fr. Auth assembly. Boys, take heed! Stop acting like sheep and start acting like the leaders you're supposed to be.

Hurray for class meetings! It gave us all a chance to see what our class officers do and not what they say they do. It gave all the members of the class an opportunity to speak and take part in the preparations for class activities. It left no reason for students to say that the class officers and the cliques run everything.

Contrary to popular opinion, good grades are still "in!" This fact is illustrated by the fact that 44 students received First Honors and 195 received Second Honors.

THE TARSH BARREL**Cards Migrate For Homecoming**

by JUDI TARSHA

Hi kids!

I hope this column finds you all in good spirits cause it really helps my morale a lot when someone (besides me) laughs at my jokes for a change.

Oh by the way -- Did you hear about the freshman who put "General Stritch" as one of the subjects on his schedule? Oh well!

Since everyone here at Stritch is currently excited about the homecoming, I thought it would be interesting to know just how homecoming came to be here at Stritch. Back in the very first autumn on the face of the earth, a cave was situated where Stritch now stands. A certain caveboy living there planned a feast with

a cavewoman he was currently "hung up" on. Since all the Cardinals were then migrating back to Oregon for the fall, they were all invited to the feast, and of course, they was the main dish. After that eventful night, every fall at this time Cardinals have come home to Oregon, and this is how the Cardinal Stritch homecoming came to be.

A new unit of measure has recently been added to the metric system, according to a student in Sr. Florian's 4th period chemistry class. One of the junior boys used "chicken" instead of grams in one of his problems.

Well until next issue, laugh and live it up.

LETTERS TO THE EDITOR

Dear Editor,

I am glad to see that our Masses in the chapel are centering around the people who attend them, the teenage students! For a change the kids can really participate in the Mass. Previously, the songs were not the type that a teenager would go for. But now everyone is really a part of the Mass and can identify with it because of the folk music used.

Many thanks to the religion department for bringing our religion to our own level.

Sincerely,
Barney Beins



Changes Made In Phys Ed Dep

Revisions in the physical education departments have been made according to Miss Jeannine Sheibley, girls phys ed teacher, and Mr. Martin Vieth, boys phys ed teacher.

Red is the "in" color for girls' clothes this year. Boys wear shorts and white T-shirts with "Stritch" written on the front. Red one-piece gym suits are required dress for girls.

Miss Sheibley's girls follow Royal Canadian Air Force 5 exercises program, while the boys follow a routine set up by Mr. Vieth.

The boys classes will participate in various games this semester, including flag football, soccer, speedball, and wrestling. Second semester will include basketball, tumbling, and baseball.

Special additions to this schedule will be golf, tennis, weight lifting and track.

Sports for the girls include first semester: kick ball, volleyball, basketball, and tumbling; second semester: hit pin ball, deck tennis, softball and soccer.

The special feature for all girls' classes will be co-edsquare dancing in the second semester.

Fresh Lads Opened

Four bad centers on punts spoiled the freshmen football team's opening game against John's. The score was 26-0.

The fresh came back in the second half to hold St. John's scoreless, but just couldn't get their offense going.

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ESSENCE

Cardinal Stritch High School
3225 Pickle Road, Oregon, Ohio 43616

Principal: Msgr. Michael J. Walz

Assistant Principals: Rev. John Nowak and Sr. M. Rosaria, OSF

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Vol. 5, No. 2

Editor-in-Chief



September 29, 1967

John Tscherne

SPORTS

ESSENCE

Sept. 29, 1967

Cardinals Battle Generals Tonight

★
Gridders Look For 3rd Win In Annual Homecoming Game

by JIM JACKSON

The Stritch Cardinals will be looking for their third victory in the third annual homecoming game against Anthony Wayne tonight at Clay Stadium.

The Cards are currently holding a 2-0-1 record as opposed to the Generals' 1-2-0.

Although Anthony Wayne's record isn't very impressive, this could be one of the toughest homecoming games in the history of the school.

Stritch Scoring Leaders

	TD	Pat	Total
Enck	5	0	30
Skeldon	4	2	26
Mutchler	1	0	6
Aubry	0	4	2
Jackson	0	1	1

The Generals' biggest threat is ground gaining, which played a big part in their 18-0 victory over Lake High last Friday night. The Stritch line, consisting of ends Larry Davenport and Mike Daunhauer, tackles Hank Deck and Jim Jackson, and guards Dave Reed and Tom Aubry will try to contain their backs.

In past clashes, Stritch holds a 2-0 edge over Anthony Wayne.

1967 FOOTBALL SCHEDULE

20	Stritch-Waite	0
20	Stritch-Lima CC	20
33	Stritch-Fremont	12
Sept. 29	Anthony Wayne	(Home)
Oct. 6	Sylvania	(Away)
Oct. 13	Waauseen	(way)
Oct. 20	Clay	(Away)
Oct. 28	Port Clinton	(Home)
Nov. 4	St. Francis	(Home)

In 1965 the Cardinals downed them 38-20 and last year shut them out 20-0.

With the Generals' looking to even their record and the Cards wanting to keep their string of homecoming victories to four, it should be a hard hitting and a very exciting game.

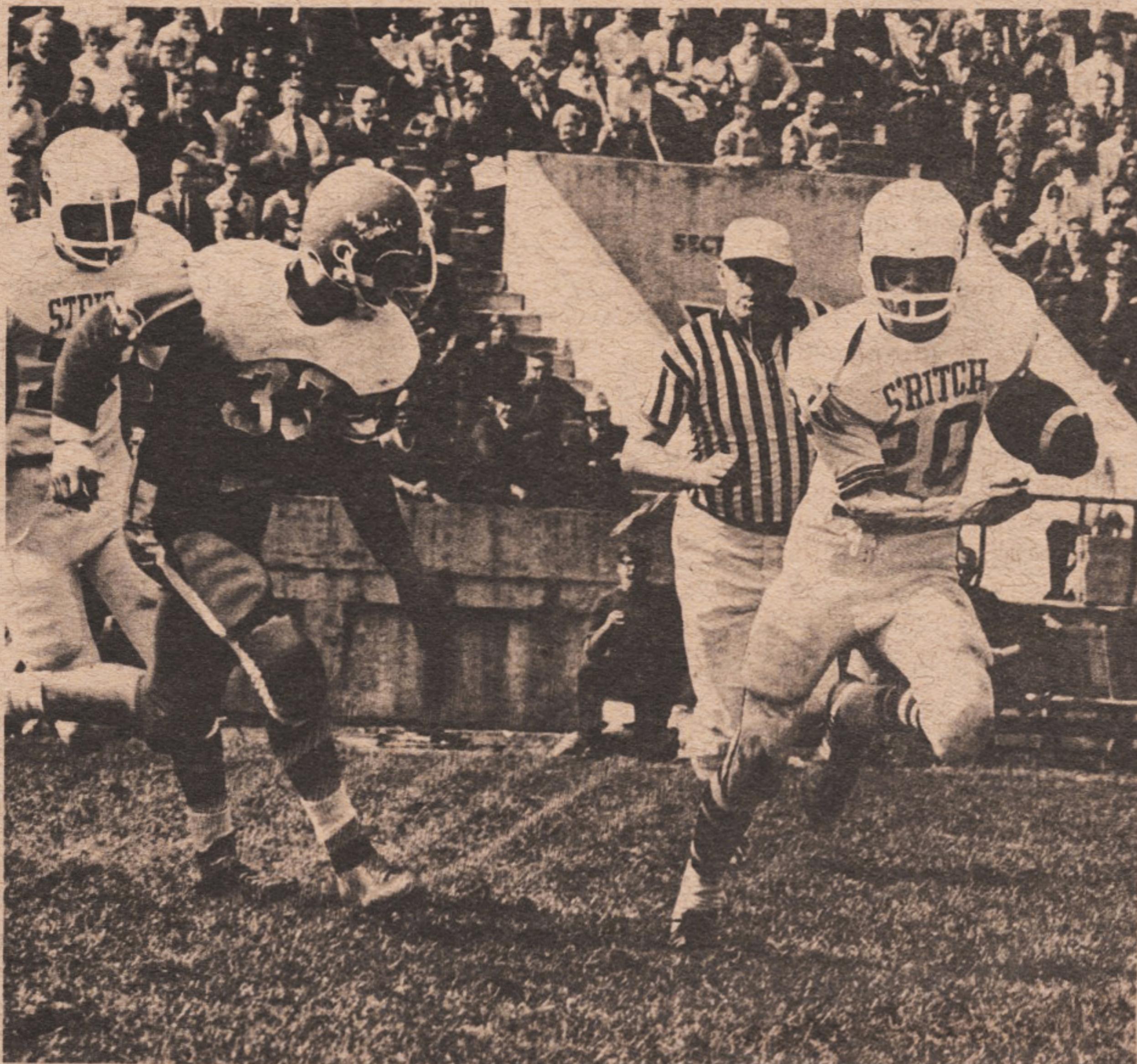
According to Head Coach Mr. Veith, "This '67 version of the General 'II' is tough as nails."

JV's Downed 6-0 In Final Minute

Clay scored with about one minute remaining in the game and foiled the Stritch junior varsity debut of the 1967 season by the score of 6-0.

The JV's had many opportunities to score but penalties stymied them.

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GYM SHORTS

Football Pens 'In'

by JIM JACKSON

Did you know that early football teams played without shoulder pads and helmets? Ball carriers had straps on their uniforms so teammates could pull them towards the goal.

Have you seen everybody using pens with the Stritch football schedule on it? That really shows the spirit here at Stritch; or could it show just how much influence the coaches have around here?

There is a freshman guy that has some big shoes to fill but so far he's doing a great job. The guy I'm talking about is Kirk Packo and the shoes are Paul "Doc" Dusseau's as trainer of the varsity football team. Kirk is the nurse-maid for everybody's moans and groans which he handles the best he can.

Scream and Yell

by LOIS MARAZON

The spirit at the games has been tremendous, but cheer with the cheerleaders. They're not screaming their lungs out just to be outdone by an unorganized group of shouting students.

Seniors! We are getting a lot of competition from the juniors on "Battlecry." I know the seniors have bigger mouths, because they're older.

Let's get high for tonight's game! Talk quietly all day and conserve your vocal chords so the "Stritch Spirit" will shake the walls of Clay Stadium.

Congratulations! Janice Reynolds and Chris Zellner are the newly selected majorettes.

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Fr. Auth Goes Spirit Stays

by JEFF HAUTER

Hello schuler von Kardinal Stritch, Ich heisse Heinz Bartsch."

This greeting comes from one of Germany's newest exports, Heinz Bartsch, who is currently honoring the halls of Stritch. Heinz, who hails from the city of Wilhelmshaven in Lower Saxony, is Stritch's first foreign exchange student.

His stay in America was made possible through "Youth For Understanding," a student exchange program designed to promote the understanding of how youth live in other countries.

After being informed of this program by one of his teachers, Heinz applied for it and soon afterwards was invited to a meeting and interview in which he was judged on his intelligence, awareness of current events, and personality. In the spring of 1967 he received his official acceptance and left from Amsterdam, The Netherlands, on August 13.

Heinz previously attended "Gymnasium," a German school for higher learning. Students there had only six weeks of summer vacation and attended school six days a week. He participated in many sports at school, including soccer and handball. Swimming and soccer are his favorite sports.

Heinz enjoys being a Stritch student very much since he finds the kids both friendly and interesting. He also likes the modern building. He does, however, miss the 10 minute break between each class and the one hour lunch break which he had in his former school.

Heinz is currently taking American History, English III, Government, Religion IV, Physiology, and Math IV. He plans to go on to college and become an English teacher.

In his spare time he pursues some of his many interests which include sports, photography, and all kinds of music.

According to Heinz, there are no vast differences between American and German teenagers; but they cannot obtain their driver's licenses until they reach 18. Styles differ somewhat also. The boys in Germany wear their hair long and never wear Bermudas, while the girl's wardrobes consist mostly of miniskirts and short-shorts.

Heinz plans to attend most of Stritch's social events and says that he is quite interested in our school and therefore wants to take part in all facets of high school life. When asked what the most enjoyable thing about being a teenager in America is, Heinz replied, "To be able to learn new and different things and to make many friends."

CSMC To Present Assembly At Stritch

Fr. William Westhoven, CP, will be the guest speaker at the annual mission assembly on Thursday, October 5. Introducing him will be Fr. W. Evans Wilson, the diocesan moderator for the missions, who comes to Stritch every year for the assembly.

All newly elected Mission representatives and alternates will be introduced before the student body.

Marie Christie, president of the CSMC, will present Fr. Wilson with a check for \$100, which has been donated through the homerooms.

Aiding the CSMC this year will be Sr. Mary Janeen.

Study, prayer, and sacrifice will be the three goals of the Mission Club this year.

The new officers are: Senior John Tscherne, president; Junior Sharon Thomas, vice-president; Senior Sue Alt, treasurer; and Junior Joanne Veres, secretary.

Sr. M. Ferdinand is moderator of the club.

New Spanish Club Elects Officers

The new Spanish Club elected officers Monday, Sept. 18.

The new officers are: Senior John Tscherne, president; Junior Sharon Thomas, vice-president; Senior Sue Alt, treasurer; and Junior Joanne Veres, secretary.

Sr. M. Ferdinand is moderator of the club.

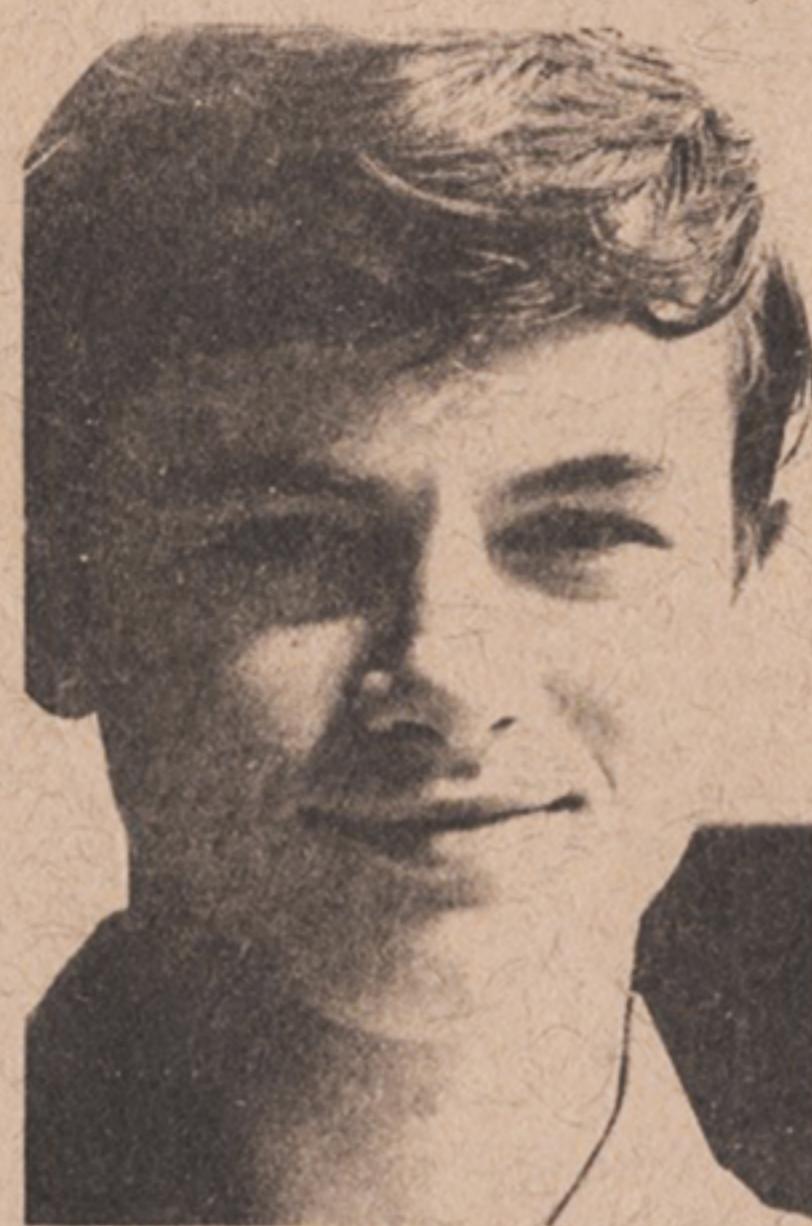
Chapel Swings With Guitar Strings

"To make the liturgy a more meaningful experience," answered Fr. Edward Schlageter, religion teacher, when asked why guitar music has been added to accompany the singing at Wed-

nesday Masses.

Seniors Jane Nagy and Ray Salazar, Juniors George Mansor and Dan Griffith, and Sophomore Tim Berry provide the guitar accompaniment.

Rev. James Auth, who succeeded Fr. Michael Ricker as assistant principal, is now at Catholic University.



Heinz Bartsch . . .



. . . exchange student . . .



. . . from Germany . . .

CLASS NEWS

All the classes, freshman through senior met in the auditorium to discuss matters for the year.

Msgr. Michael Walz, principal, spoke at all the meetings.

The seniors discussed class spirit, the magazine drive, and the seniors' showing of respect at assemblies.

There was also some discussion about the senior homecoming float and homecoming decorations.

Chairmen were chosen for the senior booth at the annual Harvest Festival.

Mr. Robert Castelli, Guidance Director, informed the assembly of "College Night" at Central Catholic High School, Sept. 20.

Sr. M. Avita, the senior class advisor, was present at the meeting.

A net profit of \$225 was made by the junior class at their car wash on Sept. 17.

The juniors used the Sohio gas station at Navarre and Stadium, the Gulf station at Delancey and East Broadway, and the Pure station on Woodville at the Great Eastern Shopping Center.

The chairmen were Judy Dippman, Coleen Cashman, and Linda Tscherne.

The price was \$1.00 for a car wash and \$1.25 for whitewalls.

The car wash was planned by the junior class officers who met with Msgr. Michael Walz principal during the summer.

The juniors discussed class spirit, cooperation, and leadership at their meeting.

The chairmen for the car wash were selected, and the class decided on the theme of its homecoming spirit float—Happiness Is A Stritch Victory.

The junior booth at the Harvest Festival was also mentioned.

Sr. Louis de Montfort, the junior advisor, was at the meeting.

At their meeting, the sophomores discussed their homecoming spirit float. It will bear the inscription "Beat Generals."

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Seniors Jane Nagy and Ray Salazar, Juniors George Mansor and Dan Griffith, and Sophomore Tim Berry provide the guitar accompaniment.